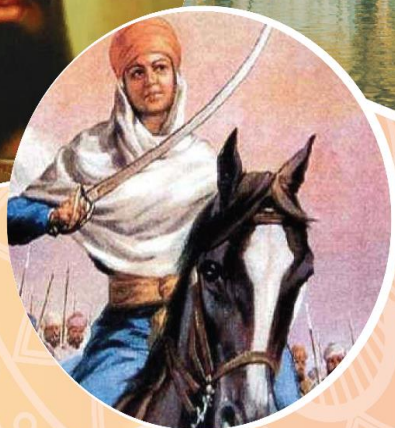


Following in the Steps of the 10th Master

*A Journey to the sacred places associated with the lives of
Guru Gobind Singh and Mai Bhago Kaur*



*Experience the
grandeur of India in
this unique and
exclusive tour.*

*Be inspired by the
Warrior Saint way
of life known as
Khalsa.*

With

*Hari Nam Singh Khalsa and
Har Tirath Kaur Khalsa*

From November 18th to December 5th, 2020

info@khalsaconsciousness.com



YATRA INDIA

“FOLLOWING IN THE STEPS OF THE TENTH MASTER”

A JOURNEY OF INSPIRATION

We invite you to be a part of this incredible and exclusive group journey following in the steps of Guru Gobind Singh, tenth Master of Sikh Dharma and creator of the Khalsa, and Mai Bhago Kaur, his personal bodyguard and first female Warrior Saint of the Dharma.

This is going to be a unique opportunity to visit the most important sites associated with the life of the Tenth Master, from his birth to his death, as well as the most significant historical places associated with the birth and development of the Khalsa.

We also plan to visit Miri Piri Academy, the school founded by Siri Singh Sahib Yogi Bhajan to educate and inspire our youth to be the conscious leaders of tomorrow.

THE WARRIOR SAINTS

GURU GOBIND SINGH



Centuries ago, the native population of India suffered under the fanatic and oppressive regime known as the Mughal Empire.

During the regime of that Empire, a revolutionary spiritual and social movement emerged in Northern India, teaching and standing for the basic human rights, including the freedom to practice one's religion of choice, the equality of men and women, and the right to earn an honest livelihood, while at the same time sharing one's earnings with those less fortunate.

This movement was founded by a great spiritual teacher named Guru Nanak (1469-1539) and spanned the lives of nine successive spiritual teachers/leaders over the course of 240 years. Based on meditation, social awareness and, finally, the incorporation of its own unique martial tradition of "defending, but not attacking," the movement became known as Sikh Dharma. ("Sikh" meaning Disciple; "Dharma" meaning Way of Life).



During the time of Guru Gobind Singh (1666-1708), the Mughal Empire's oppression reached new and terrifying depths. However, in the regions under the protection of Guru Gobind Singh, people felt free to practice their own religion, ignore the caste system, treat women with utmost respect and work and trade freely with each other.

The Tenth Master was undoubtedly one of the most evolved, visionary and impactful spirits that has ever set foot on this planet. He was a great poet, philosopher, statesman, warrior and leader. He was handsome, athletic, intellectually brilliant, and of course, incomparably charismatic.

Guru Gobind Singh lived at a time and place of great social injustice, intolerance and religious hypocrisy. He taught and advocated a form of spirituality that not only gave us the tools to reach the heights of human consciousness, but also asked us to be the most evolved and involved citizens we could possibly be in the community of mankind.

To this end, he created a spiritual brotherhood and sisterhood called "Khalsa", or "Pure Ones," whose initiated members would commit themselves to live the teachings and lifestyle of the Guru at the highest possible level. Men and women dedicated to living in equality and peace, but at the same time willing to fight and even sacrifice their own lives if necessary in order to protect both their own community and other innocent communities from injustice and tyranny.

The original copies of the Adi Granth compiled by Guru Gobind Singh's great-grandfather, Guru Arjan, were destroyed during the great wars of that time. Guru Gobind Singh then dictated the entire Adi Granth by memory, including in it the poetry of his father, Guru Teg Bahadur. The result was the creation of Siri Guru Granth Sahib, the Sikh Holy Book we cherish as the center of our faith to this day.

At the end of his life in 1708, Guru Gobind Singh passed the mantle of the Guruship to Siri Guru Granth Sahib. This concluded the epoch of Guru taking the form of a human life and began the current epoch of Guru taking the form of "Shabad Guru," the Guru's Word now being the spiritual light and guide for the Sikh community.



MAI BHAGO KAUR



Mai Bhago Kaur was born at the end of the seventeenth century in a town called Jhabal, on the outskirts of Amritsar, in present-day Northern India.

Her father Malo Shah trained and fought under the sixth Sikh Master, Guru Hargobind (1595-1644).

Mai Bhago received martial arts training. However, in her younger years, she did not participate in any battle we know of.

At one point in Sikh history, 40 men from the Guru's army, including Mai Bhago's husband Nidhan Singh Patti, refused to continue defending the legacy of Guru Gobind Singh against the Mughal oppression because frankly they were afraid to die.

It is known that when her husband returned home and told his warrior wife what he had done, she became furious. She ordered him to stay and take care of the house while she entered the battle herself, to defend the way of life that most mattered to her.

Mai Bhago mounted her horse, armed for the battle ahead. Her husband, ashamed of his actions, quickly joined her. It is said that they next traveled to the homes of the other deserters, Mai Bhago asking the wives to kick their husbands out of their homes if they refused to participate in the battle ahead. Some of the wives even put on their own battle armor; ready to fight themselves if their husbands did not step forward. The men recognized their wrong and reaffirmed their duty to protect the Guru.

After weeks of battle, the Mughal army, 16,000 soldiers strong, were already exhausted and thirsty, not being able to go much further. Guru Gobind Singh and his small group of bodyguards had eluded capture and were in hiding. Mai Bhago and the 40 repentant disciples now accompanying her, knew where Guru Gobind Singh and his men were and were intent on protecting their lives.

They fixed their camp in front of a well in a city called Khidrana. The well was the only source of water reported in the area and the 16,000 Mughal soldiers, now dying of thirst, headed in that direction in order to survive.

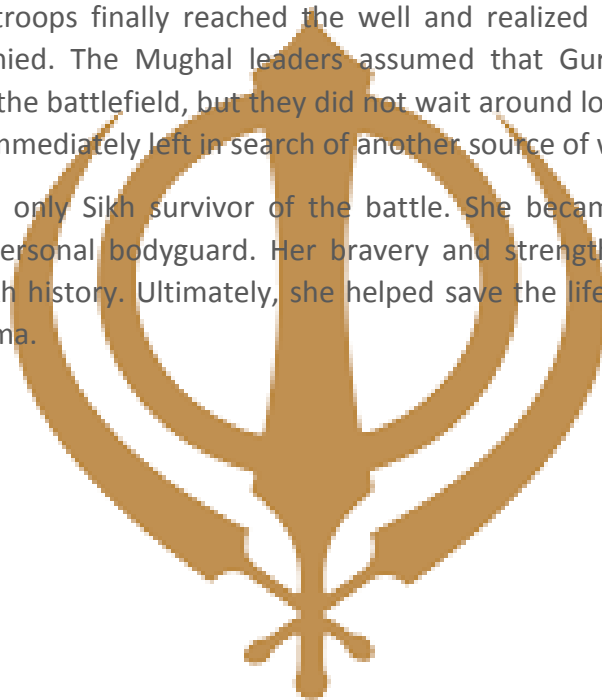
The Mughals did not know that the well was in fact dry and that there was no water to be had there. Mai Bhago and her 40 men created a trap. They spread their clothes among the trees to make it look like they had more people than they really did and made the Mughal troops fight bitterly to get to the well.

Mai Bhago and the Sikhs knew it was basically a suicide mission, but they wanted to distract the Mughal troops long enough to grant a safe haven to Guru Gobind Singh, who had taken his position in a nearby jungle.

The battle roared fiercely. The form of martial arts that the Sikhs practiced allowed a solitary man to defend himself successfully against dozens, if not hundreds of opponents at a time. But even so, the odds were very much against the Sikhs. Many Mughal soldiers fell during the battle, but in the end, all the Sikh men were killed (“The Forty Liberated Ones”).

When the Mughal troops finally reached the well and realized that it was dry, they panicked and mutinied. The Mughal leaders assumed that Guru Gobind Singh was among the dead on the battlefield, but they did not wait around long enough to confirm that. Instead, they immediately left in search of another source of water.

Mai Bhago was the only Sikh survivor of the battle. She became, by order of Guru Gobind Singh, his personal bodyguard. Her bravery and strength marked one of the turning points in Sikh history. Ultimately, she helped save the life of the Guru and the Mission of the Dharma.



TRAVEL FACILITATORS

HARI NAM SINGH KHALSA



Hari Nam Singh Khalsa is a renowned spiritual teacher, who has given workshops and personal consultations to thousands of people around the world, including the United States, Latin America, Europe, Africa and Asia.

He had the honor and privilege of having been personally trained for almost 30 years by Siri Singh Sahib Yogi Bhajan, the legendary spiritual master who introduced Kundalini Yoga and Sikh Dharma to the Western World in the late 1960s.

Hari Nam Singh is a Lead Teacher Trainer under the auspices of the Kundalini Research Institute. He is also a Minister of Sikh Dharma, as well as a member of the Khalsa Council, the governing body of Sikh Dharma.

Hari Nam Singh is the author of "Khalsa Consciousness," a book dedicated to describing the essence and mission of the Khalsa Spiritual Path (available online at amazon.com or <http://www.khalsaconsciousnessproject.com/khalsa-consciousness-book.html>)

Hari Nam Singh is also founder and director of the Khalsa Consciousness Project, dedicated to facilitating individual and global liberation according to the worldview, spiritual technology and code of conduct synthesized by Guru Gobind Singh more than 300 years ago.

Born and raised in New York, Hari Nam Singh earned academic degrees in Political Science, Law, Finance and Psychological Counseling. At one time or other, he has been a lawyer, financial investment advisor, professional photographer, martial artist and even a taxi driver in New York City.

He is well known for his passion, humor, story telling, clarity in communication and strong commitment to the ideals of the spiritual path he walks.

"Spirituality is not an escape from life, but rather that very thing that gives purpose, enjoyment and nobility to everything we engage in as a human being".

<http://www.khalsaconsciousnessproject.com/>



HAR TIRATH KAUR KHALSA



Har Tirath Kaur Khalsa is founder and director of Caminos Al Infinito Center, as well as founder and director of Ashram Luján in Argentina.

Har Tirath Kaur is co-founder and president of the Argentina Association of Teachers of Kundalini Yoga and Meditation. She is a Teacher Trainer organizer, as well as an Associate Trainer under the auspices of the Kundalini Research Institute. She is a specialist in the field of Kundalini Yoga and Mental Health, and teaches a variety of courses and workshops based on the teachings of Yogi Bhajan.

Har Tirath Kaur is a Gong Therapist and Facilitator of Red Tents (for the release of taboos and female empowerment). She is also a Traditional Reiki Usui Shiki Ryoho Master, Sat Nam Rasayan Healer and a practitioner of other methods of healing, such as Regression Therapy and Metamorphic Healing.

Har Tirath Kaur is a highly respected Holistic Therapist and Spiritual Consultant, with years of experience in consulting children, adolescents, adults and couples.

In Ashram Luján, Har Tirath Kaur practices Holistic Equine Therapy and facilitates a variety of women's leadership retreats, such as the Woman Warrior of Light Camp.

Har Tirath Kaur is an unabashed lover of music, nature and animals (especially horses). She has been trained in the performing arts as an actress and theater director. For years she has taught theater to both children and adults. She has also given instruction in the fields of public speaking, locution and radio work.

<http://www.caminosalinfinito.com.ar>



THE TRIP TO INDIA



DATE

- ✓ From Wednesday, November 18th to Saturday, December 5th.

INCLUDES

- ✓ 18 days
- ✓ Lodging
- ✓ 2 Daily Meals
- ✓ Local Guide and Tours
- ✓ Transfer Between Airport and Hotel
- ✓ Land Transportation
- ✓ Domestic Flights (inside India)
- ✓ Tips

DOES NOT INCLUDE

- ✓ International flight tickets



ITINERARY

Day 1: Arrival in Delhi

Everyone will be met at the airport and then taken to our hotel to rest and recover from the flight.

Night: Delhi

Day 2: Delhi

Full-day excursion to Old Delhi and New Delhi, which will include visits to Gurdwara Bangla Sahib (related to the life of Guru Har Krishan), Gurdwara Sis Ganj Sahib and Gurdwara Rakab Ganj Sahib (both related to the martyrdom of Guru Teg Bahadur), Chandni Chowk (The frenetic Old City Market).

Night: Delhi

Day 3: Delhi/Patna

Flight from Delhi to Patna. Visit Takhat Sri Patna Sahib, marking the spot where Guru Gobind Singh was born.

Night: Patna

Day 4: Patna

Full day tour of local gurdwaras and more.

Night: Patna

Day 5: Patna/Anandpur Sahib

Day trip. Flight from Patna to Delhi, then vehicle to Anandpur Sahib.

Night: Anandpur Sahib



Day 6: Anandpur Sahib

Visit Takhat Sri Keshgarh Sahib (marking the spot where Guru Gobind Singh gave birth to the Khalsa), the impressive Khalsa Museum and other gurdwaras and important sites related to the life of the last six Gurus.

Night: Anandpur Sahib

Day 7: Anandpur Sahib

We will continue to visit important sites that mark the life of Guru Gobind Singh, including Gurdwara Bibhor Sahib, where he composed Benti Chaupai, and Guru Ka Lahore, where he married.

Night: Anandpur Sahib

Day 8: Anandpur Sahib

We will continue to visit important sites related to the history of the Khalsa, including Gurdwara Qila Taragarh Sahib, one of the local forts built by Guru Gobind Singh. Visit a Nihangh Sikh camp, to witness those who continue the tradition of the Warrior Saint in contemporary times.

Night: Anandpur Sahib

Day 9: Anandpur Sahib/Talwandi Sabo/Muktsar

Departure from Anandpur Sahib by vehicle to our next destination. Visit Takhat Sri Damdama Sahib in Talwandi Sabo, where Guru Gobind Singh compiled the final edition of the Siri Guru Granth Sahib, and Gurdwara Sri Fatehgarh Sahib, where the two young sons of Guru Gobind Singh were martyred.

Night: Muktsar

Day 10: Muktsar

Visit the gurdwaras and other important sites in Muktsar, where Mai Bhago Kaur and "The Forty Liberated Ones" fought their historic battle.

Night: Muktsar



Day 11: Muktsar/Amritsar

Travel by car from Muktsar to Amritsar. Visit the Golden Temple at night, culminating in the observation of how Siri Guru Granth Sahib is taken from the Golden Temple to Akal Takhat Sahib to be put to rest.

Night: Amritsar

Day 12: Amritsar

Tour the city of Amritsar, including Jalianwala Bagh, place of the massacre of innocent people, which turned out to be the turning point in the struggle for Indian independence from the British. Visit Gurdwara Tarn Taran Sahib, associated with the life of Guru Arjun, Gurdwara Goindwal Sahib, associated with the life of Guru Amar Das (site of the famous "84 Steps") and Sultanpur Lodhi, associated with the life of Guru Nanak.

Night: Amritsar

Day 13: Amritsar

Visit Miri Piri Academy, the school founded by Siri Singh Sahib Yogi Bhajan to educate and inspire the children born in our lifestyle. Visit other important sites related to the life of the first five Gurus.

Night: Amritsar

Day 14: Amritsar

We plan to spend the entire day at the Golden Temple complex. We will perform seva in the Langar Hall (preparing and serving food) and/or on the Pakarma (washing the marble floors surrounding the temple). Free time to explore and shop.

Night: Amritsar

Day 15: Amritsar/Nanded

Day trip. We will fly from Amritsar to Nanded. Night visit to Takhat Sri Hazur Sahib, marking the spot where Guru Gobind Singh left his worldly body.

Night: Hazur Sahib



Day 16: Nanded

Full-day local tour, visiting gurdwaras and sites associated with the life of Guru Gobind Singh and Mai Bhago Kaur.

Night: Hazur Sahib

Day 17: Nanded

Visit to Bidar Nanak Zira, associated with the life of Guru Nanak. We will continue to visit sites associated with the life of Guru Gobind Singh and Mai Bhago Kaur. We will also spend more time at Takhat Sri Hazur Sahib.

Night: Hazur Sahib

Day 18: Nanded/Delhi

Day trip. Flight from Nanded to Delhi. Those returning directly to their homes will stay at the airport, where they can take their international flights, which usually leave very late that night or in the early hours of the next day. If your flight is later in the morning or afternoon the next day, you can sleep that evening in Delhi.

OPTIONAL

Once our official group trip is over, those who wish to take a few more days in India, for example to visit Agra (Taj Mahal), Vrindavan (associated with the life of Hare Krishna), Varanasi (famous pilgrimage destination on the banks of the Ganges River), or Jaipur (exotic gateway to Rajasthan with great shopping), we can help arrange that for you.

REQUIRED DOCUMENTATION

- ✓ To make the trip you will need to have proof of international travel insurance, including medical coverage.
- ✓ You will need to procure an India Travel Visa. You can get an “E-Visa” online at: <https://indianvisaonline.gov.in/evisa/tvoa.html>

GENERAL CONDITIONS OF CONTRACT

- ✓ All participants will be required to sign a written contract at the time of payment.
- ✓ The contract will state what will and will not be covered by the price of the trip.
- ✓ The contract will state that due to unforeseen circumstances, the actual itinerary may vary from the itinerary stated in the promotional material.
- ✓ The contract will state the rights and responsibilities of all parties concerned.
- ✓ The contract will include a waiver of liability clause absolving the organizers of the trip of any financial responsibility for the usual risks of international travel.

PRICE

The total cost of the trip is **USD \$ 3200**

PAYMENT METHODS AND RESERVATIONS

- ✓ 50% of total price due by June 15, 2020. Balance due by October 15, 2020.
- ✓ Payment by bank transfer or PayPal. (Bank account and PayPal account information to be provided upon request).
- ✓ Limited space available on this exclusive trip, so it is recommended that you make your reservation and pay your deposit as soon in advance as possible.

CONTACT

Contact us at: info@khalsaconsciousness.com

